

# **Alberta Lacrosse Association**

*Enhance character, community, and culture through lacrosse.*



## **How to Become a Lacrosse Coach**

*From getting your NCCP number to registering for your first clinic, the steps to becoming a lacrosse coach*

### **STEP ONE    Get your NCCP number**

You can have multiple sport profiles under one NCCP number. If you already have an NCCP number, you do not need another. Skip to step two.

1. Go to [www.coach.ca](http://www.coach.ca)
2. Click on the red tab called The Locker.
3. Click on "Don't have an account"?
4. Check the box "I agree"
5. Check the box "I want to create a Locker account for access to my transcript, eLearning opportunities, to sign up for coaching events, and more!"

*Remember to write your NCCP number and password down*

### **STEP TWO\*    Create your NCCP lacrosse account**

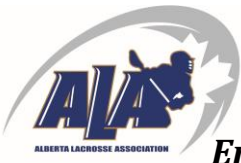
1. Coach creates a profile here - <http://nccp.lacrosse.ca/>  
(Be sure you use your existing NCCP #) If you are not sure of your NCCP # you can check this at [www.coach.ca](http://www.coach.ca).
2. Be sure to hit 'SAVE' at the bottom of the page.
3. Write your username and password down for safe keeping.

*Note: The personal information you enter in your profile can be viewed by Lacrosse Canada and your provincial lacrosse association*

### **STEP THREE    Register for coaching clinic**

Stay tuned to your Local Governing Body and the Alberta Lacrosse Association for upcoming coaching clinics. There are also several recommended online coaching courses that coaches of any level can complete at any time. Lacrosse Coaching Pathway coaches should follow is attached.

***\*Before you create your NCCP lacrosse account, check with your Local Governing Body for a promo code to discount the entire registration fee***



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## **Lacrosse Coaching Pathway**

*An outline of a lacrosse coach's certification journey*

### **Community Development**

Prerequisite- Aged 16 years or older

Complete course

*Then you will be TRAINED*

### **Recommended by Alberta Lacrosse Association**

Complete *Coach Initiation in Sport, Safe Sport and Mental Health in Sport* eLearning modules\*

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### **Competition Introduction**

Prerequisite- TRAINED status in Community Development

Complete course, complete multi-sport eLearning module *Making Head Way*

*Then you will be IN-TRAINING*

Complete Competition Introduction online workbook, complete multi-sport eLearning module *Make Ethical Decisions*

*Then you will be TRAINED*

Have practice evaluated by Coach Evaluator

*Then you will be CERTIFIED\*\**

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### **Competition Development**

Prerequisite- CERTIFIED in Competition Introduction

Complete Competition Development Workshops 1 and 2 (offered by Lacrosse Canada), complete multi-sport modules *Coaching and Leading Effectively, Developing Athletic Abilities, Leading Drug Free Sport, Prevention and Recovery from Injury, and Psychology of Performance*

*Then you will be IN-TRAINING*

Create a coaching portfolio to include: managing a lacrosse program, designing a lacrosse program, lacrosse practice planning, analyze performance, support the competitive experience, self-assessments and year-end evaluations

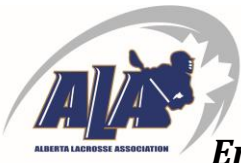
*Then you will be TRAINED*

Have two practices and one game evaluated by Coach Evaluator

*Then you will be CERTIFIED*

\* There are several recommended online coaching courses that coaches of any level can complete at any time. Visit the 'Elearning' tab of your Locker account for a list and access. Be sure to select 'Multi-sport' from the drop down list.

\*\* Certified coaches are required to accumulate professional development (PD) points in each five-year cycle to maintain active status. For information on PD points visit <https://coach.ca/maintenance-certification>.



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## **What can you coach with that certification?**

### **Community Development (TRAINED)**

U11/10U, U13/12U

### **Competition Introduction (TRAINED or CERTIFIED, depending on coach position)**

U15/14U, U17/16U, U19/18U, Junior, Senior

### **Competition Development (TRAINED or CERTIFIED, depending on coach position)**

Team Canada, Canada Games

**Note:** All Alberta Lacrosse Association coaches are required to have a clean criminal record check, including vulnerable sector search